

Martha Sullivan

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Education

Master of Science in Architecture with a concentration in Industrial Design

December 2006, Virginia Polytechnic Institute and State University

Minor in Art History

May 2004, Virginia Polytechnic Institute and State University

Bachelor of Science in Geology with a concentration in Geochemistry

May 1996, Virginia Polytechnic Institute and State University

Workshops

Penland School of Crafts in Penland, North Carolina

Teapot Dissection with Ah Leon as a Work Study Student, July 2003

Wheel Throwing with Cynthia Bringle as a Studio Assistant, July 2005

Mold Making with Dan Melman as a Studio Assistant, July 2006

Haystack Mountain School of Crafts in Deer Isle, Maine

Slip Casting, Philippe Barde, August 2009

Cold Modeling with Jeffrey Mongrain, June 2007

Lidded Vessels with Mary Law, June 2003

The Jacksonville Center for the Arts in Floyd, Virginia

Fused Glass with Martha and Ed Biggar, August 2008

Glass-Blowing at the Bench Torch with Elizabeth Mears, July 2006

Altered Pots with Marcia Bugg, June 2005

Introduction to Flameworking with Jennie Baxter, June 2005

Blacksmithing for the Home and Garden with Paul Garrett, July 2005

The Energy Exchange in Spruce Pine, North Carolina

Kiln Building with Tracy Dotson, May 2001

John C. Campbell Folk School in Brasstown, North Carolina

Wood Firing with Peter Rose, April 2018

Utilitarian Pots with Leah Leitson, May 2001

Wood Firing with Peter Rose as a Work Study Student, August 2000 and April 2019

Raku Firing with Obie Clark as a Work Study Student, September 2000

Basic Pottery with Marcia Bugg, February 1998

Modern Tech Mechanical in Charlotte, North Carolina

Basic Parts and Assemblies in SolidWorks, August 2008

Advance Parts in SolidWorks, September 2008

Advance Surfaces in SolidWorks, October 2008

KORU Mindfulness Santa Cruz, California

Instructor Certification Course, September 2018

Wisdom Experience, Online Workshop

Foundations of Mindfulness, May 2020

Virginia Tech, Blacksburg, Virginia

Academic Leaders Program, Aug-Dec 2022

Career Champion, Sept 2021

Recovery Ally, April 2021

Work Experience: Academic

Associate Professor of Practice and Chair of Industrial Design, Virginia Polytechnic Institute and State University, August 2007 to present: teaching *Ceramics*, *Industrial Design Laboratory IV*, *Design Thinking*, *Empty Bowls*, and *Mindful Designer*, in the College of Architecture and Urban Studies, School of Architecture + Design. Promoted to Associate Professor of Practice in June 2021, appointed Chair in January 2021.

Visiting Scholar, Shanghai Institute for Visual Art, Songjiang District of Shanghai, China; May 15 to June 21, 2017 and Nov 16, 2019 to Dec 16, 2019. Instructing a 5 week tile making workshop for 5 foundation of Design Classes. Includes an art installation of tiles at the National Pediatric Hospital associated with Fudan University.

Visiting Scholar, Telemark University College, Notodden, Norway, May to June 2013: research position in Ceramics, studying hand-built wood-fired kilns.

Graduate Teaching Assistant at Virginia Polytechnic Institute and State University in Blacksburg, VA. *Design Related Media/Materials and Processes Workshop* with Ellen Braaten, January 2005 to December 2006: clay preparation, loading and firing student work, studio maintenance, demonstrations in handbuilding, wheel throwing, slipcasting, and glazing clay objects.

Workshop Instructor at Virginia Polytechnic Institute and State University in Blacksburg, VA. *Inside Architecture*, June 2005, 2006, 2007, 2008, 2009: a weeklong workshop teaching fundamental design architecture and design theory to high school students.

Workshop Instructor at the Jacksonville Center for the Arts in Floyd, VA. *Wheel Thrown Pottery*, July 2005, August 2006, and June 2007: instructing a weeklong workshop on the theories and techniques of functional pottery made on the wheel. *Pit Firing* in March 2007: instructing a weekend workshop on building a pit fired kiln for clay objects.

Workshop Instructor at the John C. Campbell Folk School in Brasstown, North Carolina. *Fundamentals of Function*, May 2002, October 2003, October 2004, December 2005, May 2010: instructing a weeklong workshop on functional pottery made on the wheel and with hand building techniques. *Understanding Pottery*, July 2006, 2007, 2008, and 2009: instructing a weeklong workshop of basic pottery skills to an intergenerational class.

Workshop Instructor at the Roswell Visual Arts Center in Roswell, Georgia. *Pit Firing*, August 2004: instructing a weekend workshop on building and firing a pit fired kiln for clay objects.

Technical Assistant at Haystack Mountain School of Crafts in Deer Isle, Maine: aiding instructor and facilitating student experience, glaze mixing, loading and firing student work, studio maintenance. *Beyond Ceramic* with Phillippe Barde, August 2009

Studio Assistant at Penland School of Crafts in Penland, North Carolina: aiding instructor and facilitating student experience, glaze mixing, loading and firing student work, studio maintenance. *Models and Mold-making* with Dan Mehlman, June 2006
Functional and Sculptural Pottery with Cynthia Bringle and Tom Suomalainen, July 2004

Faculty Assistant at Arrowmont School of Arts and Crafts in Gatlinburg, Tennessee: aiding instructor and facilitating student experience, glaze mixing, loading and firing student work, studio maintenance. *Figurative Sculpture* with Louise Radachowski April 2005
Expressing the Figure in Clay with Debra Fritts, April 2004
Ornately Functional: Form and Surface with Kristen Kieffer, March 2004
Handmade Tiles with Kate Inskeep, March 2004
Sculptural Transformations with Tre Arenz, April 2003
Pots from Bisque Molds with Lisa Orr, July 2002
Porcelain Pots for the Table with Silvie Granatelli, March 2002

Instructor Assistant at John C. Campbell Folk School in Brasstown, North Carolina: aiding instructors and facilitating student experience, glaze mixing, loading and firing student work, studio maintenance.
Handbuilding with Judy Robkin, October 2004
Functional Pottery with Suze Lindsey, January 2002
Basic Pottery with Marcia Bugg, February 2001

Work Experience: Practical

Founded Sol Pottery Studio and Gallery in September 1998 as a full-time professional potter and instructor of Basic Pottery. Currently operating as a sole proprietorship in Floyd, Virginia.

Retail Sales Clerk at the Matrix Gallery, August 2005 to May 2007 in Blacksburg, Virginia: sales, receiving inventory, office assistance.

Studio Assistant for Hunt Prothro, spring of 2001, 2002, and 2003 in Harpers Ferry, Maryland: pottery apprenticeship, application of surface decoration, studio maintenance.

Studio Assistant for Silvie Granatelli, July 1999 to August 2000 in Floyd, Virginia: pottery apprenticeship, slipcasting, preparing drupe molds, glaze mixing, studio maintenance, packing and shipping, office assistance.

Slip Casting Assistant for Davin Butterfield, October to December 1999 in Floyd, Virginia: pottery apprenticeship, slipcasting.

Work Experience: Community Service

Board of Trustees, President, Blue Mountain School, May 2014 to May 2022. Administration of a contemplative and progressive school, pre-K through 7th grade.

Board of Directors, Chair of the Development Committee, The Floyd Center for the Arts, June 2005 to 2019 in Floyd, Virginia. Work for this non-profit community arts organization includes serving as: Secretary (2007-8), President of the Board and Chair of Education, Marketing, and Personnel committees (from 2008-2010), Education Committee Member (2005 to 2013), Chair of Development Committee focusing on individual donations and corporate sponsorships (2014 to 2019).

Graphic Designer, The Catherine Elizabeth Blair Memorial Foundation, April 2011 to current: Print and website graphic design for a non-profit foundation benefiting research and treatment for neuroblastoma.

Education Committee Member, 'Round the Mountain, Southwest Virginia's Artisan Network, 2007 to 2105: serving as a representative from the Jacksonville Center of the Arts, committee creates educational opportunities for artisans in 18 southwest Virginia counties.

Honors

School of Architecture + Design Outreach Award, April 2022, Virginia Polytechnic Institute and State University

Excellence in Teaching Award, March 2022, The Center for Excellence in Teaching and Learning, Virginia Polytechnic Institute and State University

2021 Campus Recovery Partner Award, May 2021, Hokie Wellness and the Virginia Tech Recovery Community

New River Valley Leading Light Award, April 2019, NRV Leading Lights recognizes service and volunteerism

Faculty Fellow, May 2018, for the Leadership and Social Change Residential College, Virginia Polytechnic Institute and State University

College of Architecture and Urban Studies Excellence in Outreach, May 2014, Virginia Polytechnic Institute and State University

Faculty Favorite, April 2013, Housing and Residence Life within the Division of Student Affairs at Virginia Polytechnic Institute and State University

University Certificate for Excellence in Outreach, April 2013, Virginia Polytechnic Institute and State University

College of Architecture and Urban Studies Excellence in Teaching, May 2010, Virginia Polytechnic Institute and State University

Gianninoto Graduate Scholarship, July 2006, Industrial Designers Society of America

Werner Graeff Memorial Book Award, April 2006, Virginia Polytechnic Institute and State University

Tau Sigma Delta National Honor Society for Architecture and Allied Arts, April 2006

Award of Distinction at Art in the Park, Danville, Virginia, May 1998

Publications

Wang, H., Sullivan, M. (50%), **Bionic Form Extraction: from Natural and Concrete Shapes, A Record of a Pottery Workshop**, Chapter in Design Methodology and Teaching Application, Editor in chief: Hongjiang Wang, SIVA-DETAO School of Design 王红江 主编, 上海视觉艺术学院视觉德稻设计学院 著, Songjiang, China. 2020, p. 132-143

Form to Product: Making as Pedagogy published in Studies in Material Thinking, Volume 9, September 2013. Submitted by Mitzi Vernon and Martha Sullivan.

Exhibitions

Texture as Subliminal Experience, curator and participant in a group exhibition (Juried Application Process) Description: Exhibit of Ceramics at the 2023 NCECA Annual Conference. *Upcoming in March 2023

Elemental: Clay and Glass, a group exhibition (Juried Application Process) Description: Exhibit of glass and clay at the Floyd Center for the Arts. April & May 2022

Fourth International SIVA Woodfire Arts Festival, an International Masters exhibition curated by Marc Leuthold, Nov 2021 to Dec 2021, (Invitation to exhibit new work) Description: Sullivan, M. Exhibit of wood fired original ceramic work, Online and at the Shanghai Institute of Visual Arts.

Confluence, A Solo Ceramics Exhibit at the 2021 NCECA Annual Conference (Juried Application Process) Description: Sullivan, M. (100%), Exhibit of ceramics, 02-01-2021 – 05-01-2021, includes both an in person and virtual exhibition of recent ceramic objects and photography at the Elusive Cow, Bellevue, KY.

Sullivan, M., and Green, W. Co-Curators for **Ancient to Modern: Ceramic Objects of Virtu**, (No. Of Pieces: 150+) [Ceramics] Virginia Tech, Richmond Campus. 2020 Artifacts from the Library of Material Culture to be exhibited at the National Council of Ceramics Arts Annual Conference in Richmond, VA, canceled due to Covid-19.

Sullivan, M., Curator for **Contemplative Clay: Mindful Making at Virginia Tech** (No. Of Pieces: 20+) [Ceramics]. Virginia Tech, Richmond Campus. A robust collection of contemplative ceramic objects by current and past students, faculty, and staff, assembled by Virginia Tech's Living Lab. Scheduled to be exhibited at the National Council of Ceramics Arts Annual Conference in Richmond, VA, canceled due to Covid-19.

Art, Hope, Love, Arlington Community Center, Arlington, Virginia, Oct 2018 and 2019.

Seeing China, The Floyd Center for the Arts, Floyd, VA, August/September 2018

Floyd Potters, The Floyd Center for the Arts, Craddock-Terry Gallery, Riverviews Artspace, Lynchburg, Virginia, May 3 to June 16, 2013, juried group exhibit.

The Aesthetic Document at the WVTF Radio Station, Roanoke, VA, Feb/March 2012

Industrial Design Student Exhibition at the XYZ Gallery, Blacksburg, VA, March 2006

Instructors' Exhibit at The Jacksonville Center for the Arts, March 2005, May 2006, April 2007

The Art of Furniture at The Jacksonville Center for the Arts, Floyd, VA, July 2004

Floyd Artists Exhibit at The Jacksonville Center for the Arts, Floyd, VA, August 2004

Clay at the XYZ, solo pottery exhibit at the XYZ Gallery, Blacksburg, VA, October 2003

John C. Campbell Folk School Craft Shop, Brasstown, North Carolina, May 2002 to current

Conference Presentations

IDSA Education Symposium/ International Design Conference, *Assessment Strategy For Improving Student Learning Outcomes In Project-Based Industrial Design Studio Courses*, Elham Morshedzadeh, Ph.D., Martha Sullivan, September 2022

Contemplative Practices in Higher Education, *Mindful Making in the Education of a Designer*, March 2020.

National Conference on the Beginning Design Student, *Mindful Designer: Contemplative Practices in Design Education*, March 2019

Association for Authentic, Experiential, and Evidence-Based Learning Regional Conference, *ePortfolios as a Contemplative Practice*, November 2016.

National Conference on the Beginning Design Student, *Educational Practices for the Introduction of Product Design*, February 2016

Conference on Higher Education Pedagogy, *High Impact Practices for First Year Experience Courses*, February 2016

CAUS Research Symposium, *Experimental Kiln Building in Norway*, April 2014

Association for Authentic, Experiential, and Evidence-Based Learning Regional Conference, *ePortfolios in Design Education*, November 2013. Presentation of emerging classroom technologies that reinforce problem solving, inquiry, and integration through ePortfolios for design students.

Making, An International Conference on Materiality and Knowledge, *Form Studio: Generating a Language and Making Form*, co-written with Mitzi Vernon and Akshay Sharma, September 2012 in

Notodden, Norway. Participation included setting up a week-long exhibit of 2nd year Industrial Design studio work.

National Council on Education for the Ceramic Arts Annual Conference, *Digital Fabrication in Ceramic Education*, March 2011: co-presenter with Bowie Croisant on modern CAD and CNC techniques in ceramics.

CAUS Research Symposium, *Digital Design in the Ceramic Arts*, February 2011

IDSA Southern District Conference, *Beyond the Basics: A Solidworks Workshop for Students* was a presentation/demo given in partnership with Kevin Shankwiler from Georgia Tech, April 2009.

Grants

The Connection to Care (C2C) program is a project awarded to the VT Institute for Policy & Governance through the University of Baltimore's Center for Drug Policy and Prevention (CDPP) Combating Overdose Through Community-Level Intervention (COCLI) Initiative, funded by the Office of National Drug Control Policy. \$17,000 has been directed towards Industrial design for undergraduate research through Round 2 of the Grant- Jan 2022, \$5,000 for Round 3 of the Grant- Jan 2023.

C+I Summer Sprint 2020 and 2021 Faculty Grant, Amount Awarded to Date: \$4,000.00 over two years in support of dedicated Summer work to the advancement of the C+I Destination Area.

Hokie Wellness: VT Recovery Community Coffee Bike. Description: Sullivan, M. (40%), Redding, J., Hauptman, J., Freyer, J., Bannard, T., Hokie Wellness sponsored a \$10,000 project for the construction of a coffee bike that serves the recovery community for students on the Virginia Tech campus. Leader of a small group of design students that built a mobile coffee service station that facilitates casual conversations among students about the challenges of substance misuse and the opportunity for recovery.

Pathways Grant, May 2018, Award by the Center for Excellence in Teaching and Learning for developing Pathways General Education courses in Industrial Design.

First Year Experience Grant, May 2017. Awarded by the Office of First Year Experiences for work compliant with FYE Guidelines in the Summer Academy Program.

First Year Experience Grant, May 2016. Awarded by the Office of First Year Experiences for work compliant with FYE Guidelines in the Summer Academy Program.

Study Abroad MiniGrant, May 2016, Awarded by the Global Education Office, this mini grant funded a research trip to Europe to aid in planning a study Abroad trip for students in Industrial Design at Virginia Tech.

CIDER (Center for Instructional Development and Educational Research) at Virginia Tech, awarded to support students traveling to New York to participate in the opening exhibition for their form studies at Stonybrook University on Long Island.

ICAT Mini Grant, Principal Investigator for a Brain Matrix, in collaboration with Elizabeth Gilbert and Mark Kline from Animal and Poultry Science at Virginia Tech.

Pathways to Success Grant, under Primary Investigator Kathryn Albright, Sponsored by the Office of First Year Experience, 2013 and 2014. Funds instruction during Summer Academy for the Design Thinking course taught in the second summer session.

ePortfolio Professional Development Network, Co-investigator with Akshay Sharma. Sponsored by ePortfolio/Learning Technologies (September 15, 2013 – May 15, 2014). Development of a broader use

of the ePortfolio technology available at Virginia Tech.

Study Abroad MiniGrant, February/March 2014, Awarded by the Global Education Office, this mini grant funded a research trip to China to aid in planning a study Abroad trip for students in Industrial Design at Virginia Tech.

SEAD (Science, Engineering, Art, and Design) Mini Grant from the Virginia Tech Institute for Creativity, Arts, and Technology, April 2013 as a Co-Principal Investigator with Manisha Sharma, support for student work and exhibit about Gender Arrangements: Understanding Female Feticide.

CIDER at Virginia Tech, September 2012, awarded in collaboration with Akshay Sharma, in support of student travel to the Making Conference in Notodden, Norway.

CIDER at Virginia Tech, May 2012, awarded in collaboration with Mitzi Vernon, support of the InForm exhibit in Arlington, VA at the Virginia Tech Research Facility.

CIDER at Virginia Tech, November 2011, awarded in collaboration with Mitzi Vernon and Akshay Sharma, support of the InForm exhibit of student work in Cowgill Hall.

Student Initiated Research Grant, September 2006, Virginia Polytechnic Institute and State University

Academic Service to Virginia Tech

University Curriculum Committee Member, Fall 2018 to Spring 2020.

School of Architecture + Design Curriculum Committee Member, Fall 2016 to current.

CAUS Representative to the University Commencement Committee, Fall 2014 to Spring 2017.

CAUS/AAD Curriculum Committee Member, Fall 2011 to Spring 2013, Fall 2021 to present.

CAUS Honorifics Committee Member, Fall 2008 to Spring 2010.

Rhizome Living Learning Community Advisory Board, Fall 2020- Spring 2022

AAD Faculty Senate Member, Fall 2022 to present.

Courses Taught at Virginia Tech

Casting, Spring 2012

Instructor of a 5 week Industrial Design module on casting multi part molds, silicone molds, and polyurethane castings.

Computer Aided Industrial Design, Fall semesters from 2008 through 2016

Instructor of 3D Modeling software for Industrial Design undergraduate and graduate students.

Design Related Media: Hand Building, Fall semesters from 2007 through 2022

Instructor of hands-on workshop class focusing on hand building clay forms. Class consisted of historical lectures, demonstrations, and individual instruction with undergraduate and graduate students while working in the studio.

Design Related Media: Wheel Throwing, Spring 2007 and 2008

Instructor of hands-on workshop class focusing on wheel throwing clay forms. Class consisted of historical lectures, demonstrations, and individual instruction with undergraduate and graduate students while working in the studio.

Design Related Media: Slip Casting, Spring semesters from 2009 through 2022

Instructor of hands-on workshop class focusing on mold making and slip casting clay forms. Class consisted of historical lectures, demonstrations, and individual instruction with undergraduate and graduate students while working in the studio.

Design Thinking, Summer Session II, 2013 through 2021

Instruction of a Summer Academy course for entering freshmen interested in the field of design.

Empty Bowls, Fall 2012 through Fall 2022

Instruction of an Service Learning Industrial Design Module on the design and production of soup bowls for an Empty Bowls event that raises money and awareness for hunger and food insecurity of school aged children in Montgomery County, Virginia and Plenty! Foodbank and Farm.

Folio Binding, Spring 2011

Instruction of a 5 week Industrial Design module on basic bookbinding techniques.

Foundation Design Laboratory, Fall 2011 to Spring 2014

Instructor of a first year studio.

Human Factors, Fall 2017 and Spring 2018

Instruction of undergraduate lecture on the Human Factors as they relate to the field of design.

Independent Study in Ceramics, Fall and Spring from 2007 through 2009, Fall 2013, Fall 2014, Spring 2015, Fall 2017, Spring 2018, Fall 2018 - Spring 2022.

Instruction of individual undergraduate students with advanced skills in ceramics; the independent study focused on the history, function, aesthetics, and construction of teapots.

Independent Study in Glass Fusing, Fall 2009, spring 2015

Instruction of an individual undergraduate student to develop skills in fusing glass in a kiln using recycled glass products.

Industrial Design Lab II, Fall 2008 through Spring 2011; Fall 2015 through Spring 2020

Co-Instructor of a sophomore studio with Jonas Hauptman.

Industrial Design Lab III, Fall 2022

Co-instructor of a junior studio with Ben Kirkland.

Industrial Design Lab IV, Fall 2007 and Spring 2008, Spring of 2021 through Spring of 2022

Instructor of a senior studio. The class consisted of semester long group projects in the fall and individual semester long senior thesis projects in the spring.

Introduction to China, Fall 2014

Instruction of a 5 week Industrial Design module to prepare students to travel to China in the spring semester of 2015. Topics include culture, language, history, and design related topics.

Kiln Building, Spring 2014

Instruction of a 5 week Industrial Design module on building and firing a Raku Kiln.

Materials and Processes, Spring 2007

Instructor of an undergraduate and graduate lecture on the shaping, joining, and finishing processes for metals, plastics, wood, and other natural materials.

Mindful Designer, Fall 2018 through Fall 2019, Fall 2022

Instructor of a module focusing on mindfulness and meditation to promote present moment awareness,

connection, and the creative process.

Play to Make, Fall 2020 and Spring 2021

Instructor of an interdisciplinary design class in the Pathways to General Education series.

Study Abroad in China, Spring 2015

Instruction of a 5 week Industrial Design module with students traveling for an additional two week trip to Shanghai, Hangzhou, Jingdezhen, Nanjing, and Suzhou, China. Industrial design project completed and exhibited in conjunction with Shanghai Institute of Visual Art.

Study Abroad in Europe, Spring 2017, Summer 2022, *Upcoming Summer 2023

Instruction of a two week module with students traveling to Copenhagen, Berlin, and Amsterdam to study bicycle commuting in 2017; and a joint program with Landscape Architecture in which we traveled to Lisbon, Faro, Seville, Granada, Madrid, Barcelona, Nimes, and Lyon in 2022.

Study Abroad in Ecuador, Spring 2018

Instruction of a 10 day module with students traveling to Quito and Otavalo, Ecuador to study soft good manufacturing.

Study Abroad in Dubai and Istanbul, Winter 2022

Instruction of a three week section of the Virginia Tech Futurehaus exhibition at the Dubai World Expo.

What's for Dinner?, Spring 2013

Instruction of a 5 week Industrial Design module on modern dining theory and techniques.

In the News

Ladies Who Draw in the shop:

https://video.vt.edu/media/Coffee+bike+will+support+Recovery+Community/1_2kxnl1n/91886731

Launching the Coffee Bike:

https://video.vt.edu/media/1_kh8xayk3

Positive Impact on vulnerable communities:

<https://vtx.vt.edu/articles/2022/09/unirel-recoverycommunitycolleges.html>

Ceramics:

https://vtx.vt.edu/videos/k/2021/11/1_y0rrbnem.html

Empty Bowls:

https://vtx.vt.edu/videos/k/2022/10/1_m61eu1c6.html

Recovery Backpack Design and Manufacturing:

WDBJ7 - <https://www.wdbj7.com/livestream/> 7@ Four: 23:36 - 24:29 News @ 5: 10:40 - 12:40

<https://www.wdbj7.com/2022/12/02/virginia-tech-design-backpacks-make-an-impact-roanoke/?outputType=amp>

WSLS - Virginia Tech students design backpacks for people experiencing homelessness, addiction:

<https://www.wsls.com/news/local/2022/12/02/virginia-tech-students-design-backpacks-for-people-experiencing-homelessness-addiction/>

Cardinal News - Virginia Tech students design backpacks for homeless populations:

<https://cardinalnews.org/2022/12/03/virginia-tech-students-design-backpacks-for-homeless-populations/>

VT News - Students and Faculty in Industrial Design design backpack for a
https://vtx.vt.edu/articles/2022/12/cm-connection2carebackpacks.html?utm_source=cmpgn_news&utm_medium=email&utm_campaign=vtUnirelNewsDailyCMP_122222-fs

VT News- Aging in Place:
<https://vtx.vt.edu/articles/2022/10/cm-designsforaginginplace.html>

Designing Help for Aging in Place- VTX Video:
https://video.vt.edu/media/1_b1ls2s5d

Roanoke Times- It Takes A Village To Help Seniors Stay Active:
https://roanoke.com/lifestyles/health-med-fit/article_f362db90-6b5b-11ed-b76c-2352946c568e.html

Portfolio

You can see samples of my past work at <https://blogs.it.vt.edu/mlsullivan/>.